16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

feel that sexual intercourse is debilitating, and they will desist from it the night before they are to perform tasks which will require the expenditure of great energy. Women are approached sexually neither during menstruation nor for at least six months after childbirth, for they are considered "dangerous" to the male at these times. Returned Yanks have been denounced from the pulpit for describing American sexual mores to local youths, and such "pornographic" magazines as *Time* and *Life*, mailed home by relatives from abroad, have aroused curates to spirited sermon and instruction.

Male masturbation seems to be common in Inis Beag (sometimes called the major "escape valve" for frustration in Ireland), but premarital coitus is unknown and marital copulation is limited as to foreplay and the manner of consummation. Elders proudly insist that premarital sexual activities of any sort do not occur in the island, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the bolder of them kiss and handle outside of their clothing. Inis Beag girls, it is held by their lovers, do not confess these sins because they fail to experience pleasure from the contact, the male perpetrators also shun the confessional because of their fear of the curate. Absolute privacy at night is sought by married couples when they copulate, and foreplay is limited to kissing and rough fondling of the lower body of the woman, especially her buttocks. Sexual activity invariably is initiated by the husband, and the wife is usually totally passive. Only the male superior position is employed, and intercourse takes place with underclothes not fully removed; orgasm for the man is achieved quickly, after which he falls asleep almost immediately. Whenever I talked with males of sexual practices other than those just described, my remarks were met with disbelief, or I was accused of "codding" my listeners.

Many kinds of behavior disassociated from sex in other societies, such as nudity and physiological evacuation, are considered sexual in Inis Beag. We have noted elsewhere the fear of nudity—which precludes washing the body and bathing in the sea—and the secrecy surrounding the acts of urination and defecation and the use of human manure as fertilizer and cow dung as fuel. The sexual symbolism of nudity not only has resulted in the drowning of seamen who might have saved themselves had they been able to swim, but in the death of men who were unwilling to face the nurse when ill, because it might mean baring their bodies to her, and thus were beyond help when finally treated. An island nurse confided to me that she was physically assaulted by the mother of a young man for diagnosing his illness in the mother's absence and bathing his chest as the woman entered his bedroom. Even the nudity of household pets can arouse anxiety, especially when they are sexually aroused during time of heat. In some cottages, dogs are whipped for licking their genitals and soon learn to indulge in this behavior outside when unobserved.

Hypochondria and depression in Inis Beag are inextricably linked, in that the former composes part of the syndrome of the latter; and just as sexual puritanism is undergirded by masochism, so are these two traits. Little more need be said about the causes of depression among the folk, other than to bring together factors which have been discussed earlier: the extent to which their lives are circumscribed by the will of the priest and other figures of authority; their poverty

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[For information pertaining to the historical background of Irish national character and personality development, the relation to sexual repression and theological dogma, see 17: Messenger, ER6 Rural Irish, category 116, pp. 20-27.]

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the world's societies. Sex never is discussed in the home when children are about; only three mothers admitted giving advice, briefly and incompletely, to their daughters. We were told that boys are better advised than girls, but that the former learn about sex informally from older boys and men and from observing animals. Most respondents who were questioned about sexual instructions given to youths expressed the belief that "after marriage nature takes its course," thus negating the need for anxiety-creating and embarrassing personal confrontation of parents and offspring. We were unable to discover any cases of childlessness based on sexual ignorance of spouses, as reported from other regions of peasant Ireland. Also, we were unable to discover knowledge of the sexual categories utilized by researchers in sex: insertion of tongue while kissing, male mouth on female breast, female hand on penis, cunnilingus, fellatio, femoral coitus, anal coitus, extramarital coitus, manifest homosexuality, sexual contact with animals, fetishism, and sado-masochistic behavior. Some of these activities may be practiced by particular individuals and couples; however, without a doubt they are deviant forms in Inis Beag, about which information is difficult to come by.

Menstruation and menopause arouse profound misgivings among women of the island, because few of them comprehend their physiological significance. My wife was called on to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one—especially when their mothers are unable to provide a satisfactory explanation for it. And it is commonly believed that the menopause can induce "madness"; in order to ward off this condition, some women have retired from life in their mid-forties and, in a few cases, have confined themselves to bed until death, years later. Others have so retired as a result of depressive and masochistic states. Yet the harbingers of "insanity" are simply the physical symptoms announcing the onset of menopause. In Inis Beag, these include severe headaches, hot flashes, faintness in crowds and enclosed places, and severe anxiety. Mental illness is also held to be inherited or caused by inbreeding (or by the Devil, by God punishing a sinner, or by malignant pagan beings) and stigmatizes the family of the afflicted. One old man came close to revealing what is probably the major cause of neuroses and psychoses in Ireland, when he explained the incarceration of an Inis Beag curate in a mental institution for clerics as caused by his constant association with a pretty housekeeper, who "drove him mad from frustration." This elder advocated that only plain-appearing older women (who would not "gab"

recess play and movement to and from school. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. The pubs are frequented only by men or by women tourists and female teachers who have spent several years on the mainland while training and thus are "set apart" (and, of course, by inquisitive female ethnographers). Women occasionally visit the shops to procure groceries, but it is more common for them to send their children to do so, since supplies and drinks are proffered across the same counter, and men are usually to be found on the premises. Even on the strand during summer months, male tourists tend to bathe at one end and women at the other. Some swimmers "daringly" change into bathing suits there, under towels and dresses—a custom practiced elsewhere in Ireland which has overtones of sexual catharsis.

It is often asserted that the major "escape valve" of sexual frustration among single persons in Ireland is masturbation; frustration-aggression theorists, however, would stress the ubiquity of drinking, alcoholism, disputes, and pugnacity as alternative outlets. Pugnacity can also be linked to the widespread problem of male identity. Our study revealed that male masturbation in Inis Beag seems to be common, premarital coitus unknown, and marital copulation limited as to foreplay and the manner of consummation. My wife and I never witnessed courting—"walking out"—in the island. Elders proudly insist that it does not occur, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the "bolder" of them kiss and fondle outside of their clothing. Island girls, it is held by their "lovers," do not confess these sins because they fail to experience pleasure from the contact. The male perpetrators also shun the confessional because of their fear of the priest.

We were unable to determine the frequency of marital coitus. A considerable amount of evidence indicates that privacy in the act is stressed and that foreplay is limited to kissing and rough fondling of the lower body, especially the buttocks. Sexual activity invariably is initiated by the husband. Only the male superior position is employed; intercourse takes place with underclothes not removed; and orgasm, for the man, is achieved quickly, almost immediately after which he falls asleep. (I must stress the provisional nature of these data, for they are based on a limited sample of respondents and relate to that area of sexual behavior least freely discussed.)

Many kinds of behavior disassociated from sex in other societies,

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626 own words and actions in the presence of others so that the fires of factionalism are not ignited. Equally feared are informers of the curate and relatives of close friends of persons in an audience who might be offended by a heedless remark brought to their attention by the listeners.

• 83 It is sometimes heard in Ireland, from those aware of, and willing
164 to admit, the fact, that the inability of most Irish to "share themselves"
182 with one another, even husbands and wives, is a heritage of the fear of
[626] gossip—a fear that one's intimate revelations will become common knowledge and lead to censure and "loss of face." A more likely explanation, according to those of Freudian bent, is the Oedipus configuration, which numbers among its many effects the following: the prevalence of romantic attachments and the rarity of conjugal love; the lack of sexual foreplay, marked by little or no concern with the female breast; the brevity of the coital act and the frequent spurning of the woman following it; the need to degrade the woman in the sexual encounter and the belief that the "good" woman does not like sex, and, conversely, that the sexually disposed woman is by virtue of the fact "bad." All of these widely reported phenomena bespeak the overwhelming influence of the mother image.

157 Ridicule and opprobrium, as well as satire in song and tale, are
[626] effective control mechanisms in light of the emphasis placed by Inis Beag
[123] folk on saving face. Most islanders could not believe that I was author of the ballad referred to in footnote 5 because several stanzas attack my character; they find it difficult to conceive of anyone publicly proclaiming
[208] their own faults, under any circumstances. Opinions, once formed, are
[577] clung to tenaciously, even in light of obviating circumstances, since to alter them would be an admittance that they were ill advised in the first instance. The folk pride themselves on being able to judge a stranger's character immediately on meeting him, and this initial impression is
[533] rarely modified no matter how long their interaction continues. A seldom
[539] revealed tradition of satirical balladry exists in Inis Beag, but its employ-
[576] ment is infrequent and then calculated according to singer and audience so as not to offend directly. Apprehensiveness and anxiety about real and imagined ego assaults by others are dominant personality traits of the islanders.